

## User's Manual and Instructions

### NAD<sup>+</sup>/NADH Assay Kit (Z5030037)

#### Ultrasensitive Colorimetric Determination of NAD<sup>+</sup>/NADH at 565 nm

#### DESCRIPTION

Pyridine nucleotides play an important role in metabolism and, thus, there is continual interest in monitoring their concentration levels. Quantitative determination of NAD<sup>+</sup>/NADH has applications in research pertaining to energy transformation and redox state of cells or tissue. Simple, direct and automation-ready procedures for measuring NAD<sup>+</sup>/NADH concentration are very desirable. Biochain's NAD<sup>+</sup>/NADH assay kit is based on a lactate dehydrogenase cycling reaction, in which the formed NADH reduces a formazan (MTT) reagent. The intensity of the reduced product color, measured at 565 nm, is proportional to the NAD<sup>+</sup>/NADH concentration in the sample. This assay is highly specific for NAD<sup>+</sup>/NADH and with minimal interference (<1%) by NADP<sup>+</sup>/NADPH. Our assay is a convenient method to measure NAD, NADH and their ratio.

#### APPLICATIONS

**Direct Assays:** NAD<sup>+</sup>/NADH concentrations and ratios in cell or tissue extracts.

#### KEY FEATURES

**Sensitive and accurate.** Detection limit of 0.05  $\mu$ M and linearity up to 10  $\mu$ M NAD<sup>+</sup>/NADH in 96-well plate assay.

**Convenient.** The procedure involves adding a single working reagent, and reading the optical density at time zero and 15 min at room temperature.

**High-throughput.** Can be readily automated as a high-throughput 96-well plate assay for thousands of samples per day.

#### KIT CONTENTS (100 tests in 96-well plates)

**Assay Buffer:** 10 mL      **Enzyme A:** 120  $\mu$ L  
**Lactate:** 1.5 mL        **Enzyme B:** 120  $\mu$ L  
**MTT Solution:** 1.5 mL    **NAD Standard:** 0.5 mL

**NAD/NADH Extraction Buffers:** each 12 mL

**Storage conditions.** Store all reagents at -20°C. Shelf life: 6 months after receipt.

**Precautions:** reagents are for research use only. Normal precautions for laboratory reagents should be exercised while using the reagents. Please refer to Material Safety Data Sheet for detailed information.

**Storage conditions.** Store all reagents at -20°C. Shelf life of at least 6 months upon receiving the product.

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#### GENERAL CONSIDERATIONS

- At these concentrations, the standard curves for NAD and NADH are identical. Since NADH in solution is unstable, we provide only NAD as the standard.
- This assay is based on an enzyme-catalyzed kinetic reaction. Addition of Working Reagent should be quick and mixing should be brief but thorough. Use of multi-channel pipettor is recommended.
- The following substances interfere and should be avoided in sample preparation. EDTA (>0.5 mM), ascorbic acid, SDS (>0.2%), sodium azide, NP-40 (>1%) and Tween-20 (>1%).
- For samples containing higher than 100  $\mu$ M pyruvate, we recommend using an internal standard.

#### PROCEDURES

**1. Sample Preparation.** For tissues weigh ~20 mg tissue for each sample, wash with cold PBS. For cell samples, wash cells with cold PBS and pellet ~10<sup>5</sup> cells for each sample. Homogenize samples (either tissue or cells) in a 1.5 mL Eppendorf tube with either 100  $\mu$ L NAD extraction buffer for NAD determination or 100  $\mu$ L NADH extraction buffer for NADH determination. Heat extracts at 60°C for 5 min and then add 20  $\mu$ L Assay Buffer and 100  $\mu$ L of the opposite extraction buffer to neutralize the extracts. Briefly vortex and spin the samples down at 14,000 rpm for 5 min. Use supernatant for NAD/NADH assays. Determination of both NAD and NADH concentrations requires extractions from two separate samples.

**2. Calibration Curve.** Prepare 500  $\mu$ L 10  $\mu$ M NAD Premix by mixing 5  $\mu$ L 1 mM Standard and 495  $\mu$ L distilled water. Dilute standard as follows.

No	Premix + H <sub>2</sub> O	NAD ( $\mu$ M)
1	100 $\mu$ L + 0 $\mu$ L	10
2	60 $\mu$ L + 40 $\mu$ L	6
3	30 $\mu$ L + 70 $\mu$ L	3
8	0 $\mu$ L + 100 $\mu$ L	0

Transfer 40  $\mu$ L standards into wells of a clear flat-bottom 96-well plate.

**3. Samples.** Add 40  $\mu$ L of each sample in separate wells.

**4. Reagent Preparation.** For each well of reaction, prepare Working Reagent by mixing 60  $\mu$ L Assay Buffer, 1  $\mu$ L Enzyme A, 1  $\mu$ L Enzyme B, 14  $\mu$ L Lactate and 14  $\mu$ L MTT. Fresh reconstitution is recommended.

**5. Reaction.** Add 80  $\mu$ L Working Reagent per well quickly. Tap plate to mix briefly and thoroughly.

**6. Read optical density (OD<sub>0</sub>)** for time "zero" at 565 nm (520-600nm) and OD<sub>15</sub> after a 15-min incubation at room temperature.

#### CALCULATION

First compute the  $\Delta$ OD for each standard and sample by subtracting OD<sub>0</sub> from OD<sub>15</sub>. Plot the standard  $\Delta$ OD's and determine the slope. The NAD(H) concentration of the sample is computed as follows:

$$[\text{NAD(H)}] = \frac{\Delta\text{OD}_{\text{SAMPLE}} - \Delta\text{OD}_{\text{BLANK}}}{\text{Slope } (\mu\text{M}^{-1})} \times n \quad (\mu\text{M})$$

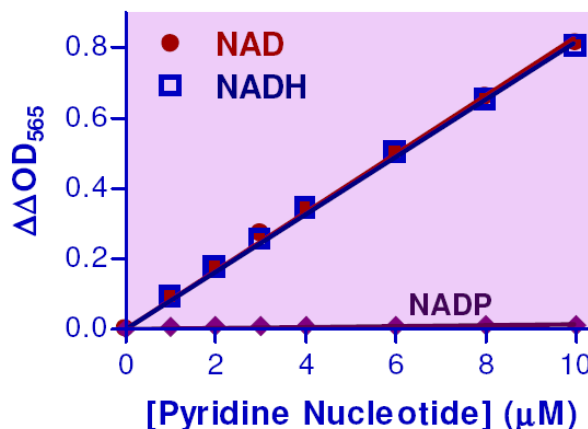
where  $\Delta$ OD<sub>SAMPLE</sub> and  $\Delta$ OD<sub>BLANK</sub> are the change in optical density values of the Sample and Blank (STD 4) respectively. Slope is the slope of the standard curve and  $n$  is the dilution factor (if necessary).

Note: If the sample  $\Delta$ OD values are higher than the  $\Delta$ OD value for the 10  $\mu$ M standard, dilute sample in distilled water and repeat this assay. Multiply the results by the dilution factor.

#### MATERIALS REQUIRED, BUT NOT PROVIDED

Pipetting (multi-channel) devices. Clear-bottom 96-well plates (e.g. Corning Costar) and plate reader.

Standard Curve in 96-well plate assay



#### LITERATURE

- Zhao, Z, Hu, X and Ross, CW (1987). Comparison of Tissue Preparation Methods for Assay of Nicotinamide Coenzymes. *Plant Physiol.* 84: 987-988.
- Matsumura, H. and Miyachi, S (1980). Cycling assay for nicotinamide adenine dinucleotides. *Methods Enzymol.* 69: 465-470.
- Vilcheze, C et al. (2005). Altered NADH/NAD<sup>+</sup> Ratio Mediates Coreosistance to Isoniazid and Ethionamide in *Mycobacteria*. *Antimicrobial Agents and Chemotherapy.* 49(2): 708-720.